

## **ABSTRACT OF THE DISCLOSURE**

Response systems and methods are disclosed for communications in connection with a computer-based notification system and a personal communications device (*e.g.*,  
5 telephone, pager, computer, PDA, *etc.*) associated with a party. One such representative response method, among others, can be summarized by the following steps: initiating a notification communication to a personal communications device associated with a party; receiving a response communication from the party's personal communications device; and modifying a manner in which future notification communications are implemented,  
10 based upon the response. A representative response system, among others, has mechanisms for implementing the foregoing steps.